



Strengths Inventory

A snapshot of your child's interests, abilities, and moments of success

CHILD'S NAME

AGE

COMPLETED BY

DATE

How to use this inventory

List 10 things your child enjoys and 10 things they do well. Ask your child for ideas, too.
Then describe situations where they naturally succeed. Everyday examples count.

10 things my child enjoys

1

2

3

4

5

6

7

8

9

10

10 things my child does well

1

2

3

4

5

6

7

8

9

10

Situations where my child naturally succeeds

Think about the setting, activity, people, or support that helps your child do well.

1

2

3

Strengths can guide how you support learning, confidence, and growth.